ONE LOWE

Cannabis Company

Product Catalog

Gummy & Girl

Medical Grade,
Terpene Infused,
Farm Bill Compliant,
Award Winning Hemp Products

Myco Girl

Mushrooom Extract, Cannabis, and Terpene Infused Gummies.

Developed for Daily Use, or with your Microdosing Protocol





One Love Cannabis Co

Purchase our products in person or online at onelovehempdispensary.com



DRUG SCREENING DISCLAIMER

Consuming Delta-8, Delta-9, and Delta-10 THC products, along with full spectrum CBD products, can lead to positive results on drug screening tests for THC. Consult health-care professionals or employers for specific guidelines on THC screening and consider abstaining from these products before a drug test. This disclaimer is for informational purposes only and does not substitute professional medical or legal advice.

GENERAL THC SERVING GUIDELINES

- EDIBLES: Has a generally longer & stronger effect! Due to this it is best to start with a small serving & wait 2-3 hours minimum before taking any more. Repeat until the desired effect is reached, then take note of serving size for next time.
- SYRUPS: Fast acting! Measure syrup serving with a standardized measurement device & follow serving size instructions, using less or more depending on your needs. Take syrup orally as is or enjoy it added to a beverage.
- **VAPE:** Fast acting! Press button then inhale, slowly & gently. Wait 5-15 minutes, repeat as desired.

NEW TO CANNABIS / MILD SYMPTOMS: 1-5mg THC
SOME EXPERIENCE / MEDIUM SYMPTOMS: 5-15mg THC
CANNABIS EXPERIENCED / SEVERE SYMPTOMS: 15-30+mg THC

GENERAL CBD SERVING GUIDELINES

- OILS: Use sublingually. Place a dropperful under your tongue. For best results, do not eat or drink for 10 minutes after using.
- TOPICALS: Apply generous amount of CBD topical to areas of body you want CBD to target for relief.

Some people benefit from splitting their daily amount into 2 servings; such as morning & night!

150 LBS OR LESS: Health Maintenance: 12mg. Moderate: 15-25mg. Severe: 25-50+mg
150-220 LBS: Health Maintenance: 20mg. Moderate: 20-30mg. Severe: 30-60+mg
220 LBS + OVER: Health Maintenance: 25mg. Moderate: 25-35mg. Severe: 35-70+mg

Woman Owned. Human Led.

Founders & Mission

As mothers and grandmothers, owners Nancy and Jana are driven by a shared mission to empower families and individuals to lead their best lives through the power of nature. Each product in the One Love lineup is thoughtfully curated and carefully formulated to not only enhance health but to also bring joy and excitement to daily life. They firmly believe that true healing cannot exist without a touch of fun! For without fun, there cannot be healing!



Highlands

Locations

1906 Bardstown Rd, Louisville, KY

502-409-9410

J-Town

10117 Taylorsville Rd. Louisville, KY

502-290-6049

Clarksville, IN

1400 Main St, Suite 112, Clarksville, IN 812-557-6550 **Bowling Green, KY**

310 E. Main Ave. Suite 102 270-883-0152

NEW ARRIVALS!!



Entourage P.M.
THC GUMMIES

Strain: PIE HOE

20mg D8 THC 10mg D9 THC 10mg CBD + CBN per gummy!

A popular strain for providing potent, body-heavy relief, relaxation, sensuality, deep bliss + zen, & sleep aid!

\$34.99



BLUE RASPBERRY A.M.
CBD GUMMIES

Strain: BLUE DREAM

50mg Full Spectrum CBD

10mg CBG

per gummy!

A great choice relief, uplift, cognition, & calm. The CBD + CBG combo greatly enhances this gummy's relief capabilities!

\$39.99



BLACKBERRY P.M.
CBD GUMMIES

Strain: BLACKBERRY KUSH
50mg Full Spectrum CBD
10mg CBN
per gummy!

This gummy is especially formulated for night-time relaxation & to help support falling + staying asleep!
You'll love the relaxed body

feel of this one!

MycoxGirl



MICRO STACK

30 pk. \$29.99

3 pk. \$4.99



DAILY BOOST

30 pk. \$29.99

3 pk. \$4.99



LIFTED

15 pk. \$29.99

5 pk. \$9.99



INSPIRED

15 pk. \$29.99

5 pk. \$9.99

ASHWAGANDHA

- KSM-66 is one of the most bioavailable organic ashwagandha extracts on the market
- Can be helpful in reducing the symptoms of acute + chronic stress & anxiety
- Famously utilized as a reproductive system tonic
- Known for its aphrodisiac & sexual enhancement properties
- Has been shown to enhance memory & cognitive function
- Supports immune system health
- Promotes endurance, strength, muscle size
 & muscle recovery rate

LION'S MANE

- One of the most popular **nootropic** supplements
- Lion's Mane may enhance mental clarity + focus
- Ideal for anyone seeking cognition, memory, & mood support
- Supports a healthy nervous system
- Supports a healthy & balanced immune system
- Contains polysaccharides that feed microbiota that are beneficial to the gut microbiome
- Antioxidant & antiinflammatory properties
- Lion's Mane mushroom may have anxiolytic actions, making this a great supplement for those who need calm

CORDYCEPS

- Supports energy and stamina
- Has been traditionally used for strenuous, high altitude activities
- Supports a healthy & balanced immune system
- Cordyceps may have the effect of increased oxygen uptake, supporting higher endurance levels.
- Great energy, motivation & stamina boost for all walks of life

VITAMIN B12

- The body needs this vitamin for our mitochondria to produce energy from food
- Plays a role in brain & nerve cell production
 & function
- Helps to maintain cardiovascular system health
- Assists in the production of DNA & red blood cells
- Assists the body's detoxification processes

NIACIN

- The body needs this vitamin for our mitochondria to produce energy from food
- Involved in the production of sex & reproductive hormones
- Helps improve blood circulation & suppress inflammation
- Involved in **blood sugar** regulation
- Assists in the production of DNA

Disclaimer: The information provided is based on scientific literature. However, it is important to note that supplements and vitamins can have varying effects on individuals due to differences in health conditions, medications, and other factors. The information presented does not constitute medical advice, and it is recommended to consult with a qualified healthcare professional before starting any new supplement or vitamin regimen. This article is for informational purposes only and should not be used as a substitute for professional medical advice, diagnosis, or treatment.

Gir C

Discover the power of nature's synergy with our vegan mushroom gummies! Combining therapeutic functional mushrooms, cannabinoids, and essential nutrients, these gummies offer a multitude of health benefits. Expertly formulated for daily use or to complement a microdosing protocol, they provide a natural boost to your foundation of health with key beneficial ingredients.

Myco Girl gummies have both THC & THC-free options, are vegan/organic/gluten-free, & contain organic therapeutic terpenes and high quality vitamins. Formulated with real people in mind, these cannabinoid & mushroom infused gummies are a great choice for day-time, energy, enhanced cognition, balanced mood, creativity, uplift, relief, and even supports brain, immune, & microbiome health!



200_{mg} Lion's Mane

50_{mg} Niacin (B3)

10_{mg} CBG

MICRO STACK

Guava

THC

This great everyday gummy may enhance + support:

focus mental clarity immune modulation circulation microbiome health stress relief mood inflammation relief energy

Infused with OG Kush Terpenes



100_{mg} Lion's Mane

100mg Ashwagandha

50_{mg} Cordyceps

10 mg CBG

DAILY **BOOS**

Orange

THC FREFI

This great **everyday gummy** may **enhance** + **support**:

inflammation relief stamina energy microbiome health stress relief focus recovery immune modulation

<u>Vitamins</u>: 2.4 mcg B12 + 1000 IU D3



100_{mg} Lion's Mane

50 mg Cordyceps

25 mg CBD

INSPIRED

10_{mg} D₁₀ THC

5 mg D9 THC

Raspberry

5mg THC per gummy!

This great everyday gummy may enhance + support:

productivity inflammation relief energy stress reduction focus microbiome health motivation immune modulation memory relief inspiration uplift creativity

Infused with Strawberry Cough Terpenes



100_{mg} Lion's Mane

25 mg CBD

10_{mg} CBG

5 mg D9 THC

LIFTED

Mango

5mg THC per gummy!

This great everyday gummy may enhance + support:

calm cognition inflammation relief stress reduction focus microbiome health immune modulation memory inspiration uplift creativity energy

Infused with Maui Wowie Terpenes



AWARD WINNING GUMMIES

Delta 9 THC Gummies

Gummy Girl Delta 9 THC gummies are infused with 10mg of THC to provide a euphoric and enjoyable THC experience. By combining organic terpenes with hemp derived Delta 9, we have created unique blends that offer the benefits of terpenes, and a reliably potent THC experience.

. Organic terpenes enhance the overall taste and aroma of our gummies while steering their effects, such as relaxation, focus, and mood enhancement, depending on the strain! Gummy Girl gummies provide a convenient way to enjoy the benefits of terpenes and THC, in a delicious, vegan, organic gummy.

Focus SATIVA

Lime with Green Crack

Unleash your energy, motivation, & productivity with this focus-enhancing strain, also known for its uplift & euphoria.

Creative SATIVA-HYBRID

10mg CBG

Strawberry with Hawaiian Haze

Enjoyed for a nice body relief effect with a cerebral uplift. Great for doing art, music, & just vibing with calm focus.

SATIVA Staycation

Pineapple Lime with Golden Pineapple

A euphoric and uplifting strain that's perfect for uplift & enhancing vibes for any activity or outing!



SATIVA Fun

Mango with Maui Wowie

Experience invigorating bliss, creativity, & fun! This is an energizing

strain known for its uplifting effects.

Euphoria SATIVA-HYBRID

Mixed berry with Blue Dream

Popular strain for uplift, relief, & laughter. Also popular for enhanced euphoria. Popular strain for uplift, relief, & laughter. Also popular for enhancing

Over It SATIVA

10mg **CBG**

Orange with Twisted Citrus

This cerebral strain is clarifying, yet relieving. Can be great for relieving stress & pain when you still have things to do.

> 15 gummies per jar 1 gummy per serving

10mg THC + 10mg CBD per gummy price: \$29.99



AWARD WINNING GUMMIES

Delta 9 THC Gummies

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Happy HYBRID

LIVE RESIN

Blueberry With Blueberry Diesel

A euphoric, body & relief centered gummy. Amazing for recovery, after work, & hanging out.

Unwind HYBRID

B-day Cake with Ice Cream Cookies

This gummy provides a sense of relaxation while keeping you social and bubbly. Also a popular relief strain!

Relax INDICA

10mg CBN

Watermelon with Watermelon Zkittlez

An amazing end of day gummy. It will

leave you feeling relaxed & euphoric. Great for sleep!

Magical HYBRID

Guava with Unicorn Piss

This balanced strain is tranquil yet giggly. Popular for date nights & stress relief!

Bliss Indica-Hybrid

Cherry with Cherry Pie

Provides relief for the body & mind.

Popular for enhancing intimacy & sensuality.

Calm INDICA

Lemon with Granddaddy Purple

One of our best sellers. This gummy is a popular choice for pain, stress, & sleep!



price: \$29.99

15 gummies per jar 1 gummy per serving



10mg THC + 10mg CBD per gummy

Relax & Unwind both contain 50mg CBD to enhance body relaxation

You may also be interested in our Delta 8 THC gummies!

AWARD WINNING VAPE

Delta 8 THC Vapes

Pure, premium, high potency cartridges made only with quality-tested distillate and organic terpenes. Each premium ceramic coil cartridge is third party tested and free of pesticides and solvents.

Check in-store & online for currently available strains



WATCH FOR NEW STRAINS! THE STRAINS WE OFFER MAY CHANGE WITH THE SEASONS!

1g Vape



SATIVA



Green Dream

Blue Dream & Green Crack strains combine for a high energy strain that motivates and is great for productivity!





OG Kush

This strain is energizing & clarifying with balanced calm. Great for any time of the day.

HYBRID



Blue Dream

#1 strain in the US for a reason! Expect feelings of euphoria with a healthy dose of laughter.





Girl Scout Cookies

This euphoric and relieving strain is great for pain and balancing out appetite.

HYBRID



Gorilla Glue

This favorite relief strain has a potent body effect.
Perfect for relaxation, calm. & recovery.





Gruntz

A fruity-diesel strain that is great for energetic relief.
Stay uplifted, euphoric, & focused with this strain!

HYBRID



Unicorn Piss

This strain is social & fun, with a touch of relaxation. Perfect for the weekend or a night out.

1/2g vape available in Maui, Blue Dream, & Granddaddy Purple!





Granddaddy Purple

GDP is famous for its relaxing & calming effect. Great for pain relief, stress relief, and sleep!

Goes great with "Calm"
Do THC gummies!





Blackberry Kush

Great for pain relief, stress relief, and sleep!



AWARD WINNING VAPE

GET ENERGIZED with Delta 8 + 10 THC Vapes

Pure, premium, high potency cartridges made only with quality-tested distillate and organic terpenes. Each premium ceramic coil cartridge is third party tested and free of pesticides and solvents.

1g Vape

\$29.99

SATIVA



Maui Wowie

This smooth tropical strain uplifts mood & stimulates creativity. A great energy + euphoria strain!





Super Lemon Haze

This strain is known for its happy, uplifting, energetic & creative effect!





Green Crack

This "super sativa" has a potently energetic effect that is great for productivity, focus, & motivation.





Limoneello

This dreamy lemon strain is great for social uplift & provides a happy, energized calm.

Vape Care Guide

Here are some great tips from experienced users that can help make your vaping experience more enjoyable and keep your vape in tip top condition!

- Store in an upright position
- Usually the low-medium heat setting on a vape battery yields the best flavor!
- Keep areas where cartridge screws into base battery clean
- Keep away from bright light and extreme temperatures
- DO NOT stick any object inside vape cartridge chamber

- If vape becomes clogged, temporarily put battery on highest heat setting and press button several times until fluid becomes more viscous- then gently sip on tip until it becomes unclogged
- If you experience vape fluid coming out of the tip when inhaling, make sure your battery is NOT at the highest setting -this can cause leakage or possible damage to seal

DISPOSABLE VAPES

POP'S PREMIUM

29 LIVE RESIN Delta 8 THC Disposable Vapes



\$39.99

Premium quality, master crafted in small batches, utilizing the finest ingredients. 100% Live Resin terpenes extracted directly from each strain at its peak freshness.

Available in multiple strains!

Sour Haze
White Runtz
The MAC

Hawaiian Haze Biscotti Oreoz

Ask us about POP'S D8 THC oil tinctures!



\$34.99

Available in multiple strains!

REALIZE

LIVE RESIN Delta 8 THC & THCA Diamonds Infused Disposable Vapes

Live resin terpenes for authentic cannabis taste + effect! Thoughtfully crafted with THCA Diamonds, premium quality Delta 8 THC, Live Resin & All Natural Terpenes to create the ultimate potency, taste and smoothness in every joyful puff you take.



AWARD WINNING DELTA 8 THC GUMMIES

Gummy Girl Delta 8 THC gummies come in regular strength (25mg) & extra strength (50mg) options for beginner and experienced users alike! Infused with Delta 8 THC, these organic gummies are perfect for those looking for a body-focused effect. These gummies are a popular option for those looking for relief, recovery, mood uplift, & calm.

All of our organic gummies are infused with organic terpenes. Terpenes enhance the overall taste and aroma of our gummies while steering their effects, such as relaxation, focus, and mood enhancement, depending on the strain! Gummy Girl gummies provide a convenient way to enjoy the benefits of terpenes and THC, in a delicious, vegan, organic gummy.

Tropical Maui Wowie

Piña Colada + Maui Wowie



A cerebral, energetic & mood uplifting strain. Inspires fun, creativity, focus, mental clarity, & gentle euphoria.

Only Available in **50 mg** gummies!

Lemon Crack

Lemon + Green Crack



A highly cerebral and energizing strain. Promotes focus, mental clarity, motivation, & productivity. A preferred choice for daytime use.

Berry Blue Dream

Mixed Berry + Blue Dream



This strain is suitable for any time of day; offering gentle euphoria, cerebral clarity, & mood uplift while also promoting relief & calm. Only
Available
in 25 mg
gummies!

Watermelon Zkittlez

Watermelon + Watermelon Zkittles



An indica with a relaxing, creative, & social effect.
Enhances calm, relief, & relaxation. Perfect for bedtime, recovery, & chilling out!

Peach Pie

Peach + Pie Hoe



EXTRA

STRENGTH

A potent indica-dominant hybrid with deeply relaxing effects.

Promotes a sense of bliss, calm, relief, and physical sedation.

Perfect for evening use and embracing peaceful moments.

What is Delta-8 THC?

Delta 8 THC shares similarities with Delta-9 THC, but with a slightly different molecular structure that can result in a milder and more balanced effect.

By engaging with your body's endocannabinoid system,
Delta-8 THC can promote body-focused relaxation,
happiness, and a gentle euphoria. It may also spark
creativity and enhance your appetite. Many individuals
appreciate the fact that it provides some of the benefits of
THC while offering a more manageable experience.

Pricing

50mg THC per gummy

10 pack: \$34.99

20 pack: \$59.99

25mg THC per gummy

10 pack: \$19.99

20 pack: \$34.99



Delta-9 THC Infused Syrups

Organic, vegan, and made from ingredients that come from nature, these 150mg Delta 9 THC syrups are infused with organic terpenes to give you a strain-specific effect.

\$18.99 Retail

Grapeful Dead

Grape Syrup with Purple
Punch Terpenes

INDICA

Mind & body calm.

Popular for relief & relaxation.



Strawberry Fields

Strawberry Fields with
Strawberry Cough Terpenes

SATIVA

Mood uplift &
stimulates creativity
while inspiring
productivity.

Blue Dreaming

Mixed Berry Syrup with Blue Dream Terpenes

SATIVA-HYBRID

Euphoric & stimulates creativity. Excellent for daytime relief.



Gummy & Girl

Entourage Delta 8, 9, + 10 THC Gummies

Organic, vegan, and gluten free, Gummy Girl Entourage gummies pack a punch with 10mg each of Delta 8, 9, + 10 THC per gummy! Formulated for uplift and potency, these gummies have quickly become dispensary best sellers!

\$34.99 Retail

Green Apple

10mg D8, Dq, + D10 per gummy
10mg CBD per gummy

GRUNTZ

Energy, Relief, Calm, Focus, Euphoria, Mood, Uplift



Grape

10mg D8, Dq, + D10 per gummy 10mg CBD per gummy

GOJI OG

Creative, Uplift, Relief, Bliss, Energy, Euphoria



Lemon

10mg D8, Dq, + D10 per gummy 10mg CBD per gummy

SUPER LEMON HAZE

Energy, Fun, Relief, Uplift, Rejuvenation





Delta 9 Infused Cereal Bars

These Delta-9 THC cereal treats are a fun twist on the classic cereal bars you know and love! Infused with THC, these mouthwatering bars combine the nostalgic flavors of cereal with the euphoric effects of cannabis, creating a truly unique, tasty, & exalting experience for cannabis enthusiasts.







80mg D9 THC PER BAR

FRUITY PEBBLES

RICE KRISPY

These potent bars contain 8 omg of Dq THC, are fast-acting, and great for experienced and beginner cannabis users alike. Perfectly suitable for sharing, micro-dosing, or for a strong & powerful experience!

\$14.99

TERPBOYS

D8 THC + D9 THC Infused Gourmet Chocolate Bars



500mg Delta 8 THC Chocolate Bars

Packed with 500mg of Delta-8 THC, Terpboys 500mg Delta-8 Chocolate Bars bring a delicious, creamy, sweet and luxurious experience with each mouthful. These infused chocolate bars are guaranteed to appease your cocoa cravings while reaping the benefits that Delta-8 THC has to offer.

\$24.99

1000mg Delta 8 THC + Delta 9 THC Chocolate Bars

Terpboys Chocolate Bars bring a delicious, creamy, sweet and luxurious experience with each mouthful. These chocolate bars are guaranteed to appease your cocoa cravings while reaping the benefits that Delta-8 and Delta 9 THC has to offer.

This 1000mg Chocolate bar is packed with 850mg of Delta 8 THC and 150mg of Delta 9 THC.





\$39.99

Cannatails & Joe Meets Jane

NANO THC INFUSED CANNABIS SYRUPS

10mg Nano Delta-9 THC per 50ml bottle

NANO THC HITS FAST!!

Physician formulated using powerful nano-technology that enhances the absorption + potency of THC in the body. This creates an experience with a strong effect & quick onset.

\$9.99



DIY DRINK RECIPES:

MARY SPARKLING RASPBERRY

- Blue Razz Cannatail
 THC Mixer
- **Soda Water**
- Sparkling water or sprite

SPARKLING GINGER MULE

Juana Dankiels Cannatail THC Mixer

Ginger Beer

Lime

VANILLA ITALIA SODA

- French Vanilla Joe Meets Jane Syrup
- Seltzer Water
- Sparkling water or sprite

Hail Mary Cannatails

Elevate your social gatherings with this tantalizing infusion that brings a unique twist to your drink experience. Unwind, indulge, and savor the perfect balance of relaxation and deliciousness. Cheers to a new level of enjoyment!

Flavors:

Juana Dankiels
Berry Mary Rita
Blue Razz Mary Tini
Cosmo Mary Tini
Mary Apple Tini
Limoncello Mary Tini
Bud Bellini
Classic Mary Rita
Mary Rita Mojito
Mango OG Mary Rita



Joe Meets Jane

The perfect fusion of cannabis and coffee to help bring balance, enhance creativity, focus, calm, & promote a more productive day.
Enhance your morning cup of joe with Joe Meets Jane's coffee syrups; available in classic latte flavors you love!

Flavors:

Hazelnut
Salted Caramel
Hazelnut
French Vanilla
Cinnamon Dolce
Mocha

CBD PRODUCTS

HIGH VIBRATION

Full Spectrum CBD Oil

600 mg 1 oz \$29.99 1200 mg 1 oz \$39.99

Broad Spectrum CBD Oil

600 mg 1 oz \$39.99

CBD Oil for Pets

600 mg 1 oz \$29.99 1200 mg 1 oz \$39.99



EARTHY BROWNS



Full Spectrum CBD Oil

CBD Oils are Available in Natural & Spearmint Flavor!

2400mg 2oz Oil \$89.99 1200mg 1oz Oil \$51.99 600mg 1oz Oil \$29.99

CBD Topicals

1000mg Lotion Stick \$49.99 500mg Balm \$39.99

STAFF FAVORITE!!
NEW, STRONG FORMULA



CBD + THC Honey

500mg CBD + 408mg D9 THC \$39.99

BICKETT & BOONE

Full Spectrum CBD Oil

 1000mg 1oz Natural
 \$42.99

 1000mg 1oz Mint
 \$42.99

 1000mg 1oz Lemon Lime
 \$42.99

 1000mg 1oz Bourbon Cinnamon
 \$42.99

CBD Topical

1000mg Muscle Cream \$39.99







Are These Products Legal?

Yes!

Under the 2018 Federal Farm Bill, all hemp derived products that are less than 0.3% Delta 9 THC by total dry weight of the product are federally legal for sale. Our products all follow Farm Bill compliancy and undergo third party testing to ensure our consumers receive high quality, safely produced cannabis products. Delta 8 and Delta 10 THC are legal in the states of Kentucky and Indiana, where we are located. They, too, are legal as a result of the 2018 Farm Bill.

What is Delta 8 THC?

Delta-8 THC is recently discovered naturally occurring compound in cannabis that is similar to Delta-9 THC. It offers a milder psychoactive experience, often described as a calming and more bodyfocused feeling. Users may experience a relaxed, euphoric, and zen effect.

Delta-8 THC is generally considered to be about 1/2 as strong as Delta-9 THC.

If you're seeking a cannabis compound that can deliver enjoyable effects with a potentially gentler experience, Delta-8 THC might be a fantastic option for you to explore.

What is Delta 9 THC?

Delta-9 THC is the primary psychoactive compound in cannabis, known for its potent intoxicating effects. It can produce a range of experiences, including relaxation, euphoria, heightened sensory perception, and appetite regulation.

This is the "original THC", that is commonly associated with cannabis. This cannabinoid is still regulated in many states, but can be present in amounts that do not exceed the federal limit of .3% of total weight.

What is Delta 10 THC?

Delta-10 THC is a cannabinoid that is structurally similar to Delta-8 THC. This cannabinoid is energetic, clarifying, & motivating. This cannabinoid is a perfect focused & uplifting companion for studying, cleaning, or working out.

Delta-10 THC is generally considered to have a more stimulating and energizing effect compared to Delta-8 and Delta-9 THC. Also, it is a unique cannabinoid that has a potent cerebral effect, with very little to no body effect. This makes this the perfect combining THC cannabinoid!

What is CBD?

CBD is a non-intoxicating cannabinoid known for its various potential therapeutic effects. It is commonly used for its reported calming and relaxing properties, potentially aiding in stress reduction, promoting better sleep, and providing relief from pain and inflammation.

What is CBG?

CBG is another non-intoxicating cannabinoid often referred to as the "mother cannabinoid" because it is a precursor to all other cannabinoids. Studies suggest that CBG has potent anti-inflammatory and neuro-protective effects, which makes CBG a popular choice for mood balance, enhanced cognition, & inflammatory condition relief.

What is CBN?

CBN is another non-intoxicating cannabinoid that is known for its potential sedative and relaxing effects. Some users report that CBN may help promote sleep and aid in managing symptoms of insomnia.

For some, it may not cause sleepiness but can support a balance circadian rhythm overall.

What are Terpenes?

Terpenes are naturally-occuring fragrant compounds found in various plants; including fruits, flowers, and even some insects. They are responsible for the aromas and flavors that we often associate with different plants and fruits. These compounds are not just about making things smell good; they also play a crucial role in nature. Terpenes can also have a positive impact on us humans. Many people use them in essential oils and aromatherapy to relax, uplift their mood, or promote better sleep. Terpenes have potential health benefits. Some terpenes are believed to have anti-inflammatory and anti-microbial properties, while others may help reduce stress or improve focus.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided is based on scientific literature. However, it is important to note that supplements and vitamins can have varying effects on individuals due to differences in health conditions, medications, and other factors. The information presented does not constitute medical advice, and it is recommended to consult with a qualified healthcare professional before starting any new supplement or vitamin regimen. This article is for informational purposes only and should not be used as a substitute for professional medical advice, diagnosis, or treatment.